

## **Food and Shopping Reminiscence Box**

Explore a selection of delicious food through the 20s to the 60s bought from the shops you may remember in Chelmsford. Objects may be taken out of their bags but please replace them for return. If any stories or memories emerge when using the box, please do share them with us.

### **This box contains inspiring recipes:**

- 10 Great Sausage Recipe Flyer
- 2x Be-Ro Home Recipes Booklets
- Delicacies from the Rowenta Friteuse
- Trex Cookery Book

### **The Co-Op wholesale biscuit cracker tin contains:**

- Whitworths Ready to Roll Icing
- Osem Instant Shake
- Pumphrey's Easy Icing
- Tea Infuser Spoon
- Tin of Wavy Line Instant Milk
- Fruit Chocolate Bar
- Gelozone
- Green's Almond slice mix

- Green's Sponge Mixture
- 3 Cake mix packets, Viota, Pelaw and Lyons
- Bird's Dream Topping
- Brown & Polson Blancmange Powder
- Cadburys Chocolate Wrappers
- Chocolate Polka Dots
- Cross & Blackwell 2-minute noodles
- Cross & Blackwell Rice & Things

**Also in the box:**

- Laminated images of Chelmsford co-op
- Green Shield stamp book
- co-op voucher book and 4 stamps
- Collins Paper Bag
- Bonds paper shopping bag
- Laminated Adverts 1920-1960s

**Decimalisation took place in 1971.**

**Before decimalisation:**

**12d = 1 shilling**

**20 shillings = 1 pound**

**240d = 1 pound**